

# School Dance Styles

Association de Danse

## GROOVY LOVE

Count : 32 Wall : 4 Level : Improver

Choreographers : Fred Whithouse, Daniel Trepas, Jonas Dahlgren (07/2018)

Music : If Jesus Loves Me by Saint Lanvain

### Intro – 48 Counts From Start Of Track - (No tags or Restarts)

#### [1-8] Step, Behind & Heel & Touch, Walk Back x2, Coaster Step

- 1,2& Step RF to R side, step LF behind R, step RF to R side  
3&4 Touch L heel to L diagonal, step LF in place, touch RF next to L  
5,6 Step RF back, step LF back  
7&8 Step RF back, close LF next to R, step RF forward

#### [9-16] Walk Forward x2, Step, Lock, Step, Rock, Recover, Slide Back, Close

- 1,2 Step LF forward, step RF forward (option: Step L sweeping RF from back to front, Step R sweeping LF from back to front)  
3&4 Step LF forward, lock RF behind L, step LF forward  
5,6 Rock RF forward, recover weight on to L  
7,8 Large step back on RF dragging LF next to RF, close LF next to R

#### [17-24] Step Forward, Heel Bounces Making ¼ Turn L, Cross Walks With Dips, ¼ Turn L Stepping LF Forward

- 1,2 Step RF forward, 1/8 turn L bouncing both heels  
3,4 1/8 turn L bouncing both heels, bounce both heels placing weight on LF on count 4  
5,6 Cross RF over L, step LF to L side  
7,8 Cross RF over L, ¼ turn L stepping LF forward  
(On the cross steps dip down a little to add some styling)

#### [25-32] Step Pivot ¼ Turn L, Cross, Side, Heel Twist R, Heel Twist L, Heel Walk In & Hitch

- 1,2 Step RF forward, ¼ turn L placing weight on LF  
3,4 Cross RF over L, step LF to L side  
5& Twist R heel in, twist R heel back to center  
6& Twist L heel in, twist L heel back to center  
7&8 Twist R heel in, twist R toe in, hitch R knee up

Cathy MERIOT - Choréographe / Instructor

106 I chemin des Jardins

83920 LA MOTTE en PROVENCE

tél : 06.61.17.10.82 courriel : [cathy.meriot83@sfr.fr](mailto:cathy.meriot83@sfr.fr)

[www.countryfriends83.fr](http://www.countryfriends83.fr)